



**2008 USATF
Region 7
JUNIOR
OLYMPICS
CHAMPIONSHIPS**
July 10 – 13, 2008
North Chicago High School
North Chicago, Illinois



Region 7 Combined Events Schedule

Day # 1 Thursday, July 10

8:00am: Heptathlon	9:00 am: Pentathlon	10:00 am: Decathlon
IG-YW	YG-YB	IB-YM
100H	110H	100
HJ	SP	LJ
SP	HJ	SP
200	LJ	HJ
	800/1500 (YG/YB)	400

Note: Hammer Throw (IG/YW/IB/YM) follows last combined event.

Day #2 Friday, July 11

8:00am: Decathlon	9:00 Pentathlon	10:30 am: Heptathlon	11:00am: Triathlon
IB-YM	MG-MB	IG-YW	BG-BB
110H	80H	LJ	SP
DT	SP	JT	HJ
PV	HJ	800	200/400
JT	LJ		
1500	800/1500		

- **Combined Events Registration:** Entry forms and fees must be received by Monday, June 30. Add \$5.00 if entry fees are received after Monday, June 30. Add \$10 for meet day entries. Checks should be made payable to "USATF Illinois". Mail forms and fees to the following address: USATF Illinois, c/o Lorette Cherry, 1213 Maple Ave, unit E, Lisle, IL, 60532.
- **Fees:** Triathlon (Bantam \$15), Heptathlon (Intermediate Girls/Young Women \$20), Pentathlon (Midget & Youth...\$15) and Decathlon (Intermediate Boys/Young Men.\$20).
- **USATF Membership is required.** If applying for USATF membership for the first time, a valid proof-of-age document must be received with the membership application.

- **Qualification for advancement to the USATF Jr. Olympics National Combined Events Champions**, July 22 -23, in Omaha, Nebraska: Top two (2) places advance. Note: 3rd place advances if the athlete attains the division “Performance Standard” listed at www.usatf.org/events/2008/USATFJuniorOlympicTFChampionships/entry.
- **National Registration Fees:** All athletes must register and pay for National Jr Olympics advancement before they leave the meet site on July 10 – 13. Triathlon & Pentathlon = \$20; Heptathlon & Decathlon = \$24.00. Checks are made payable to “USATF Illinois”.

2008 Region & Running & Field Events Schedule

Saturday, July 12

Running Events (11:00am)	Field Events (11:00 am)
Steeplechase (F)	LJ (BG, BB, PG, PB)
4x100 (F)	Triple Jump (All)
110/100/80H (P)	Javelin (All)
80/100/110H (F)	Pole Vault (Boys)
400 (F)	High Jump (Girls)
200/400H (F)	Shot Put (Boys)
Race Walks (F)	Discus (Girls)
4X800 (F)	

Sunday, July 13

Running Events (7:00am)	Field Events (8:30am)
5000 (F)	LJ (Midget – Young)
3000 (F)	High Jump (Boys)
100 (P)	Shot Put (Girls)
800 (F)	Discus (Boys)
100 (F)	Pole Vault (Girls)
25/50 Exhibition (Shrimps & Atoms)	
200 (F)	
1500 (F)	
4x400 (F)	

- **Entry Fees:** Must have been paid at the Illinois or Indianan Association meet before leaving the meet site.
- **Packet Pickup:** Thursday, July 10 thru Sunday, July 13, at the track. Please allow sufficient time for pickup before each event.
- **Admissions:** Thursday through Sunday is \$5.00 per day. Or \$7.00 for a two-day pass. Pre-schoolers are free. Only those coaches with current 2008 USATF membership card are admitted free. Coaches’ passes will not be issued.
- **Starting Heights:** To be determined by the field judge for each age division at each event.
- **Medical:** The USATF Illinois “Medical Team” will be on site. USATF Illinois medical personnel consists of certified doctors, trainers and other medical specialists: AthletiCo, 630 572-9700; Dr. David Weiss, Medical Director.
- **T-Shirts:** Fine Designs will sell “Region 7 Jr. Olympics Championship” t-shirts.
- **Shoes and Running Apparel:** For sale on site. Dick Pond Athletics.
- **National Jr. Olympics Qualification:** the top three (3) finishers in each event at the Region 7 meet qualifies to advance to the JO National Championship, July 24 – 27, in Omaha, Nebraska.
- **Atoms and Shrimps Special:** Athletes in these divisions will compete in their own fun/exhibition (X) events on Sunday, July 13. No fees, prior registration or USATF membership is required. Ribbons to all competitors. Shrimps: 3-4 years old. Atoms: 5-6 years old.

- **Additional Information:** USATF Illinois, 630 512-0727 (www.usatfillinois.org).

Hotel Information

Host: Hawthorn Suites
975 Lakeview Pkwy
Vernon Hills, Il 60061
Phone: 847 367-8031
Rate: \$99.00

Homestead Studio Suites
675 Woodlands Pkwy
Vernon Hills, IL 60061
Phone: 847 955-1111
Rate: \$89.00

Extended Stay America
215 N. Milwaukee Ave.
Vernon Hills, IL 60061
Phone: 847 821-7101
Rate: \$89.00

Extended Stay America
1525 Busch Pkwy.
Buffalo Grove, IL 60089
Phone: 847 214-0641
Rate: \$89.00

Note: You must mention USATF Illinois Junior Olympics to obtain special rate.