



SANCTIONED EVENT

You are cordially invited to attend the USATF Illinois Open & Masters Indoor Track and Field State Championships 2007



Sunday, March 11th, 2007

Westwood Sports and Expo Center, Sterling, Illinois

FIELD EVENTS

- 9:00am Weight Throw
- Pole Vault
- Long Jump
- 11:00am High Jump
- Shot Put (follows Weight)
- Super Weight Throw (follows Shot Put)
- Triple Jump (follows Long Jump)

TRACK EVENTS

- 9:00am Race Walk
- 10:00am 5000M Run
- 11:00am 55m Dash
- 55m Hurdles
- 1500m Run
- 400m Dash
- 800m Run
- 200m Dash
- 3000m Run

Note: No pin spikes allowed. Flats or ¼ inch pyramid spikes only.

HOSTED BY: Sterling Track Club

ADMISSION: Adults \$4.00. Students: \$2.00. 5& under: free.

ON-LINE REGISTRATION: Available at www.kompusport.net

MAIL ENTRIES TO: Jim Pierce, Westwood Sports Center, 1900 Westwood Drive, Sterling, IL 61081.

CONTACT INFO: Phone: Jim Pierce, 815-622-6201. E-mail: Barb Lauff, lauffline@insightbb.com

ENTRY FEES: **Received by Thursday, March 8th**. \$15 each event. \$5 additional events. **Late entries:** \$20/ \$5.

MEET DAY REGISTRATION: Available only from 8:00am-9:00am.

AGE GROUPS: Open (ages 19-29), Masters: 5 year age groups, ages 30-34 through 90-94+ as needed.

AWARDS: OPEN: Medals to top three, 19-29. MASTERS: Medals given to top three in each age group.

CONCESSIONS AND FACILITIES: Full concessions are locker rooms are available.

RESULTS: Posted at www.gowestwood.org

ALL ATHLETES MUST BE A MEMBER OF USA TRACK AND FIELD TO COMPETE

Event Registration Form—please print clearly

List your events:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Please provide your information:

Name _____

Complete Address _____

Phone _____ Male Female

Age on 3.11.07 _____ Birthdate _____

2007 USATF number (required) _____

Division: **OPEN** **MASTERS**

E-mail address _____

Make checks or money order (no credit cards) payable to: Sterling Track Club

Release: In consideration for my being accepted, I, intending to be legally bound for myself, my heirs, executors and administrators, waive and discharge any and all rights, claims and damages which I have or which may accrue to me against USA Track and Field, USATF Illinois, Sterling Park District, Sterling Track Club, any sponsors, their agents and representatives, for all damages which may be sustained and suffered by me in connection with the entry in and arising out of my travel to, participation in, and return from this track and field meet.

Signature of Athlete _____

Date _____