



2009 USATF Illinois Association Junior Olympic Cross Country Championships



Saturday, November 14, 2009
Plainfield Central High School
24120 W. Fort Beggs Drive,
Plainfield, IL

SCHEDULE & AGE DIVISIONS:

Age Division	Distance	Start Time
Sub -Bantam (born 2001 and later)	1500 Meters	Girls – 10:00 a.m. Boys – 10:00 a.m.
Bantam (born 1999 - 2000)	3 km (1.86 miles)	Girls – 10:20 a.m. Boys – 10:40 a.m.
Midget (born 1997- 1998)	3 km (1.86 miles)	Girls – 11:00 a.m. Boys – 11:20 a.m.
Youth (born 1995–1996)	4 km (2.48 miles)	Girls – 11:40 a.m. Boys – 12:15 p.m.

ELIGIBILITY REQUIREMENTS:

Individuals: Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver’s license, or U.S. government identification) is required and must be submitted with each entry.

Teams: Only registered USATF member clubs may enter a team. All athletes representing the club must be must be affiliated with that club as part of their USATF membership. To enter a team a club must submit the Team Entry/Declaration form. Only athletes listed on the team declaration roster form will be eligible to represent the club at the Association, Regional or National championships.

TEAM SCORING: 8 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition chest-high on the front of their jerseys. Bib numbers will be distributed to athletes during packet pick-up. Schedule:

8:00 a.m.	Packet pick-up. Late registration for unattached athletes only.
9:00 a.m.	Course walk.
10:00 a.m.	Late registration ends for non high school athletes.

EVENT RESULTS: During competition, event results will be posted at the registration site. In addition, event results will be posted at www.kompusport.com.

AWARDS: USATF Junior Olympic medals will be awarded to the top ten individuals in each age division.

ADVANCEMENTS: Top 40 individuals and top 4 teams in each age group will advance to the USATF Region 7 Championships to be held on November 28, 2009, in Terre Haute, Indiana.

All advancement/entry forms for the USATF Region 7 Championships must be completed, paid for, and submitted (cash or money order only) prior to leaving Plainfield, IL on November 14, 2009. The National Championships will be held on Saturday, December 12th at Rancho San Rafael Regional Park in Reno, NV. The top 20 athletes and 3 teams at the Region 7 Championships will qualify for the National Championships. Information is available at:

www.usatf.org/events/2009/USATFJuniorOlympicXCChampionships

ONLINE RESTRATION:

All entries (teams/clubs/unattached) must be processed via online registration at www.kompusport.net. Online registration begins on Monday, October 19, 2009. The registration deadline is Tuesday, November 10, 2009 at 9:00 p.m. Clubs can contact the office at 630 512-0727 or e-mail (usatfil@sbcglobal.net) to request a password. Unattached athletes establish their own password. An option is available to pay online via credit card. All registration correspondence must be mailed to:

Brenda Kimbrough
10735 Beach Road
Beach Park, IL 60087

All correspondence must be received by Thursday, November 12th at 5:00 p.m.

ENTRY FEES & DEADLINES:

Individual Entries: \$10.00 per athlete.
Team Entries: Team entries are charged at the individual rate. No team entries will be accepted on day of meet.

PAYMENTS: Cash (day of meet), money order, checks, or online credit card.

Make money orders/checks payable & mail to:

USATF Illinois
c/o Brenda Kimbrough
10735 Beach Road
Beach Park, IL 60087

DIRECTIONS & PARKING:**From Southern Illinois:**

Take I-55 North.
Take exit #251/Shorewood/Plainfield.
Continue on IL-59.
Turn left on Fort Beggs Dr.

From Western (DeKalb) Illinois:

Take I-88 West.
Take the IL-47 exit.
Turn right onto IL-47 S.
Turn left onto US-34/US-30.
Turn right onto US-30.
Stay straight to go onto W Lincoln Hwy.
Turn left onto IL-126/W Lockport St. Continue to follow W Lockport St.
Turn right onto S James St.
Turn left onto W Fort Beggs Drive.

From Eastern (Chicago) Illinois:

Take I-55 South.
Merge onto W Main St(IL-126), exit 261.
Turn left on S RT 59/US-30/IL-59.
Turn right on Fort Beggs Dr.



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