

# 16<sup>th</sup> Annual Dorothy Dawson Invite

## January 4, 2025

**Proviso West High School  
4701 Harrison  
Hillside, Illinois**

**Fees:**

Entry fees are: \$10.00 per event and \$40.00 per relay. Entry fees will not be transferred or refunded.

**Eligibility:**

This meet is open to athletes who fall within the age divisions listed below. A USATF or AAU membership is **not** required to participate in this event.

Illinois high school athletes can participate in this event. Because this event takes place prior to the start of the high school season, it does not count in the number of meet restrictions as set forth by the IHSA.

**Age Divisions:**

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division:

Age Divisions	60	20	40	80	150	300	600	LJ	TJ	HJ	4x200	4x400	1500	3000
8 & under (born 2017 & later)	X	X	X	X	X			X			X	X		
9-10 (born 2015-2016)	X	X	X	X	X			X		X	X	X	X	
11-12 (born 2013-2014)	X	X	X	X	X	X	X	X		X	X	X	X	
13-14 (born 2011-2012)	X	X	X	X	X	X	X	X	X	X	X	X		X
15-16 (born 2009-2010)	X	X	X	X	X	X	X	X	X	X	X	X		X
17-18 (born 2007-2008)	X	X	X	X	X	X	X	X	X	X	X	X		X

The 0-12 age groups can compete in a maximum of three (3) events including relays. The 13-18 age groups can compete in a maximum of four (4) events including relays. **Athletes must compete in their true age divisions – NO “MOVING UP”!**

**Entries**

The registration site is <https://www.athletic.net/TrackAndField/meet/571079/register>. The deadline for entries is **Wednesday, January 1<sup>st</sup>, at 5:00 p.m. C.S.T.** The entry fees must be paid at the registration site prior to the deadline. **DAY OF MEET ENTRIES WILL NOT BE ACCEPTED!!!!!!!!!!**

All athletes on teams (including relay alternates) must be registered online.

**Check-In Requirements:**

A packet will be provided for each team and unattached athlete consisting of a team roster with events entered. A team representative or the unattached athlete is responsible for picking up the packet. On the day of the meet, packets can be picked up one hour before the scheduled start time.

**Awards:**

Event medals will be presented to participants and relay teams who finish in 1<sup>st</sup> – 3<sup>rd</sup> places.

**Officials:**

Anyone desiring to officiate at this meet is encouraged to contact Jamero Rainey via email at [usatfilofficials@gmail.com](mailto:usatfilofficials@gmail.com). Your assistance is greatly appreciated.

**Facility:**

Proviso West has an awesome indoor track with many facility upgrades. Only ¼” or smaller pyramid spikes are allowed. Christmas tree spikes are not allowed. Spikes may be inspected on the track. Radios, glass containers, or alcoholic beverages are not allowed in the facility. Fully Automatic Timing will be provided using Finishlynx Cameras interfaced with Hy-Tek Meet Manager.

**Equipment:**

Starting blocks and batons will be provided.

**Event Results**

During the competition, live results will be online. Afterwards, the results will be posted at the following site: [www.usatfillinois.org](http://www.usatfillinois.org). Go to” Association Championships”.

**Protests**

There will be a \$100 fee (cash only) for all protests. Protests must be submitted to the Protest Referee at once and no later than 30 minutes after a result has been announced. A protest must be a violation of a rule and not a disagreement with a judgment call. The protest fee is refunded if the protest is upheld.

**Admission:**

**Cash Only** - Admission fee is \$10.00 for ages 6 and up (5 and under are free).

A convenient online admission payment process will be available later. A notification with online instructions for payment will be provided via email in Athletic.net.

Coaches whose names are listed on the Coaches Registry will not have to pay an admission fee. However, lost coaches wrist bands will not be replaced. The coach must purchase a spectator’s band at full cost and all coaches’ privileges are revoked.

Note: There are no ATMs on the premises.

**Contacts:**

Brenda Kimbrough, [bbkimbrough@gmail.com](mailto:bbkimbrough@gmail.com)

Lorette Cherry, [usatfil@sbcglobal.net](mailto:usatfil@sbcglobal.net)

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## Schedule

### Running Events (10:00 a.m.)

#### **1500/3000 Race walk (F)**

60M Hurdles (F)

60M Dash (F)

800M Run (F)

4X200 Relay (F)

3000M Run (F)

400M Dash (F)

1500M Run (F)

200M Dash (F)

4x400 Relay (F)

### Field Events (9:00 a.m.)

Long Jump (4 jumps, youngest to oldest)

High Jump (18-11, boys then girls)

Triple Jump (4 jumps, youngest to oldest, follows LJ)

**Note: All events are girls followed by boys within the age groups and youngest to oldest by age groups unless otherwise noted.**