

# DIANA (Williams) MUHAMMAD

## OLYMPIAN and WORLD CHAMPION – TRACK AND FIELD

### ATHLETIC CAREER HIGHLIGHTS

- 2018 – USATF Official – Southern Association
- 2022 – Current (Track and Field Volunteer with Chicago Public League)
- 2022 – Dr. Conrad Worrill Track and Field Center (Member of Friends of Track and Field)
- 2011 – California State University, Los Angeles Hall of Famer
- 1987 – 100 Meters Relay - Gold Medalist (2<sup>nd</sup> World Championships in Rome, ITALY)
- 1987 U.S. National Champion in 100 Meters
- 1987 – Ranked 1<sup>st</sup> on the All Time US Track and Field List
- 1987 – Ranked in top 5 in the World by “Track and Field News”
- 1984 & 1980 (2-Time Olympian in Track and Field)
- 1983 – 100 Meters - Bronze Medalist (1<sup>st</sup> World Championships in Helsinki, FINLAND)
- 1983 – Ranked 2<sup>nd</sup> fastest sprinter in the U.S. by “Track and Field News”
- 1982-83 Member of CSULA Women’s Track Team
- CSULA Record Holder in 100 Meters, 4x100 Relay
- 1983- NCAA Runner-up in 100 Meters
- Earned 5 All-America Award in Track and Field

### EDUCATION

- May, 2015 – Governors State University  
**Masters of Fine Arts Degree - Independent Film and Digital Imaging**
- December, 2002 - Governors State University  
**Bachelor of Arts Degree – Board of Governors**

### PROFESSIONAL CAREER

- 2019 – Current: Substitute Teacher/Park Forest-Chicago Heights School District 163
- 2015 – Writer/Director – Documentary, “Leap of Faith”
- 2013 – Writer/Director – Short Film, “Unspoken Truth”
- 2009/Present – Talk Show Producer @ CROE TV
- 2008 – Self Published Author – “True To Me”
- 2004/2009 – Cable Studio Director - WUPC-TV4 in University Park, IL (Broadcast Journalism Instructor)
- 2009 – Youth Coach – Friends of Track and Field
- 2009/2012 – Head Women’s Track and Field Coach (CSU)

## **Biography**

Chicago native, two-time Olympic track athlete and Dunbar Vocational High School graduate, Diana (Williams) Muhammad was the head coach of the Chicago State University (CSU) women's cross country and track and field program. She joined the Cougars, CSU athletic department in September 2009 after a stellar career on the international track and field circuit by competing primarily in the 100 and 200-meter dashes, and the 4 x 100-meter relay, where she garnered numerous honors that included representing the United States in the 1980 and 1984 Olympic Games.

Prior to her coaching career, Mrs. Muhammad earned world recognition after capturing the Gold Medal as part of the U.S. 4x100m relay team at the 1987 IAAF World Championships in Rome, ITALY. She also won the 100m at the 1987 U.S. Outdoor Track and Field Championships. She was ranked 5<sup>th</sup> in the world by "*Track and Field News*" in the 100m after earning a Bronze Medal at the 1983 World Championships in Helsinki, FINLAND. Mrs. Muhammad was also ranked 2<sup>nd</sup> in the U.S. in the 100m by "*Track and Field News*" in 1982-83 while setting collegiate school records in the 100m and 4x 100m relay as a member of the California State University, Los Angeles women's track team. She set the CSULA 100 meters record of 10.94 and still third on the all-time list in the 200 meters. As a collegiate athlete, she was the NCAA Runner-up in the 100 Meters and earned 5 All-America Awards in track. In 2011, Mrs. Muhammad was inducted in California State University, Los Angeles Hall of Fame.

She is currently a member of US Track and Field Association for the state of Illinois and a track and field volunteer for the Chicago Public League. She was also instrumental in the renaming of Gately Stadium to the Dr. Conrad Worrill Track and Field Center. In May of 2015, she earned a Master of Fine Arts degree in Independent Film and Digital Imaging at Governors State University and completed a full-featured track and field documentary entitled, "*Leap of Faith*". She enjoys leisure running and playing tennis. Mrs. Muhammad is also an accomplished author and television producer.