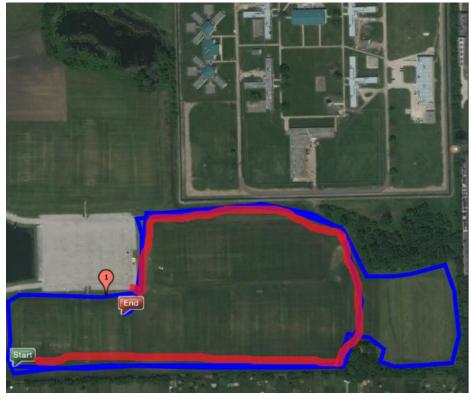


2019 USATF Illinois Association Cross Country Championships Joliet Park District - Inwood Soccer Complex Course Maps



2K COURSE

One (1) Blue Loop



3K COURSE

Blue Loop *then* Red Loop



2019 USATF Illinois Association Cross Country Championships Joliet Park District - Inwood Soccer Complex Course Maps



4K COURSE

Blue Loop *then* Red Loop

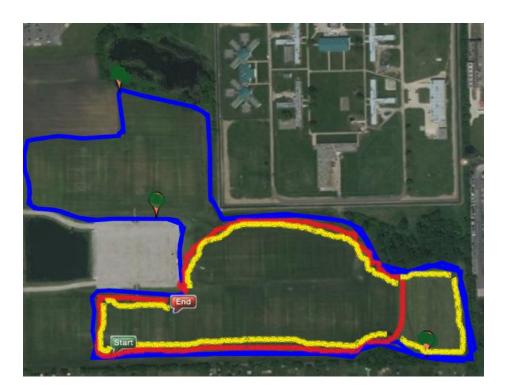


5K COURSE

2 Blue Loops



2019 USATF Illinois Association Cross Country Championships Joliet Park District - Inwood Soccer Complex Course Maps



6K COURSE

(3 Loops)

Small red loop *then*Medium yellow loop *then*Large blue loop



10K COURSE

(4 Loops)

Small red loop **then** three large blue loops