



MASTERS & OPEN TRACK & FIELD CHAMPIONSHIPS

SUNDAY, JUNE 3, 2019

Lewis University, Romeoville, IL



CHAMPIONSHIP:

Lewis University
One University Parkway
Romeoville, Illinois 60446

AGE-DIVISIONS:

Open Division- Age 19-29 **Masters Division-** Age 30+
Open and Masters competitors compete together but receive separate awards for each division.

AWARDS:

USATF Association Championship medals will be awarded to the top three (3) finishers in each event in the following men's and women's age-divisions: **Open, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+**



TIMING:

Fully Automatic Timing will be provided.

ENTRY FEE:

\$15.00 per event. All entry fees can be paid online at the registration site or they can be paid at packet pick up.

USATF MEMBERSHIP:

All competitors must be a 2019 member of USA Track & Field. A current, verified 2019 membership number is required to submit an online meet entry.

If your age has not been verified by USATF, you must bring a legal document indicating proof of age as well as a 2019 USATF membership card.

Athletes can join or renew memberships at www.usatf.org/membership/application.

**ENTRY PROCEDURE &
DEADLINE:**

There are three ways to register for this event:

1 Online registration at by Thursday, May 30th at 11:59 pm.

Below is the link you'll need for registration:

Registration: <https://www.simplyregister.net/register/?e=116327>

2. Mail Entries: USATF IL office postmarked by Thursday, May 30th at 3:00 pm.

3. Register onsite: Day of meet from 8:30 am – 9:30 am. Registration closes promptly at 9:30 am.

LATE ENTRIES: Registration onsite entries (#3) are charged at a higher rate: \$10:00 registration onsite fee **plus** \$15.00 per event (cash only). Athletes 75 & older are not charged the \$10.00 registration onsite fee.

Athletes are encouraged to register prior to the start of the meet

ATHLETE CHECK-IN: **RUNNING EVENTS:** Check in for running events is 30 minutes prior to the start of the individual running event. Check in is at the **CLERKS TENT near the finish line.**

FIELD EVENTS: 45-minutes prior to the event, competitors much check-in with the Head Judge.

CERTIFICATION OF IMPLEMENTS: Throwing implements will be certified at the meet site. Athletes must provide their own implements

PARKING: Free parking is available

RESULTS: Copies of results will be posted after each event both on-site and after the meet at www.usatfillinois.org.

SCHEDULE OF EVENTS

Time	Track Events	Time	Field Events
10:00 am	5000m Race Walk	10:00 a.m.	Throwing Events
	5000M Run		Hammer (M)
	110M Hurdles		Hammer (W)
	100M Hurdles		Discus (M)
	80M Hurdles		Discus (W)
	400M Dash		Weight Throw (W)
	100M Dash		Weight Throw (M)
	800M Run		Super Weight Throw (M&W)
	200M Dash	10:00 a.m.	Jumping Events
	400M Hurdles		Pole Vault followed by
	300M Hurdles		High Jump followed by
	200M Hurdles		Long Jump followed by
	1500M Run		Triple Jump

Notes:

1. All events will be women followed by men unless otherwise indicated or decided by Officials on meet day.
2. Unless specifically noted, events are on a ROLLING TIME SCHEDULE. Athletes should be prepared for their event(s) well in advance.
3. Throwing implements will be certified in the shed located near the throwing area south of the track.
4. An official will be certifying implements throughout the throwing competition. Those competing in the first throwing events should certify first. Athletes are expected to provide their own implements.

CONTACT FOR ADDITIONAL INFORMATION: Tim Cederblad, tcbenetfootball@prodigy.net

2019 USATF ILLINOIS MASTERS AND OPEN OUTDOOR TRACK AND FIELD CHAMPIONSHIPS ENTRY FORM

Waivers & Releases

Please put a checkmark in the box beside each statement to indicate you have read and agree to it. Registration for this event is conditioned upon acceptance of the terms below.

- Waiver of Liability & Assumption of Risk**
- For and in consideration of USA Track & Field, Inc. ("USATF") allowing me, the undersigned, to participate in the 2019 USATF Illinois Masters and Open Outdoor Track & Field Championships (the "Event"), I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");
- 1. I hereby represent that (i) I am at least eighteen (18) years of age or older; (ii) I am in good health and in proper physical condition to participate in the Event; and (iii) I am not under the influence of alcohol or any illicit or prescription drugs that would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well-being at all times and under all circumstances while at the Event site.**
- 2. I accept sole responsibility for my own conduct and actions while participating in the Event, the condition and adequacy of my equipment, and the protection of my private property.**
- 3. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless Lewis University, the Meet Directors and Officials, USA Track & Field, Inc., its Associations and Sport Disciplines(INCLUDING USATF ILLINOIS), Sponsors, Advertisers, Coaches, Team Managers and Officials; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (Individually and Collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs, defense costs and reasonable attorney fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties, including with respect to the provision of information regarding rules and scheduling. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.**
- 4. In the event that I am injured in connection with the Event, I hereby consent to the provision of necessary and appropriate emergency medical treatment.**
- 5. As a condition of my participation in the Event, I hereby grant USA Track & Field, Inc., the ILLINOIS USATF Association, the Meet Directors, any Meet sponsor and Lewis University, a limited license to use my name, likeness, image, voice, video, athletic performance, biographical and other information (collectively, "Likeness"), in any format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting Event, USATF or the sport of Athletics. The foregoing grant, however, does not constitute consent for USATF or any third party to use my Likeness in an endorsement of any product or service without my specific written consent and I certify that the birth date and age information provided and confirmed as part of the entry process is true and accurate.**
- 6. I certify that I have read and understand the USATF [privacy statement](#) and [terms of use](#) and agree to their terms and conditions**

Name(Printed)_____

(Signature)_____

Events Being Entered:

(1) _____ Best Time/Distance _____
(2) _____ BT/D _____
(3) _____ BT/D _____
(4) _____ BT/D _____
(5) _____ BT/D _____
(6) _____ BT/D _____
(7) _____ BT/D _____

Total entry fee paid: \$ _____ **Cash** _____ **Check/M.O.**

_____

Name(Printed) _____

(Signature) _____

USATF Registration Number: _____

Age Group: _____ **Age** _____

Date of Birth: ____/____/____ **Gender: Male** ____ **Female** _____

Address: _____

E-mail Address: _____

Phone Number: _____

Emergency Contact Name

Emergency Contact Phone Number

Send completed entry forms and entry fees to: USATF IL

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Sycamore, IL 60178

Tel: 815 991-5429

Fax: 779 222-4077

Email usatfil@sbcglobal.net

Website www.usatfillinois.org