

2019 USATF Association Masters & Open - 6/2/2019
Outdoor Championships
Lewis University

State Record - Records

1	W19-29 100 Meter Dash	11.29	6/13/2010	Oludamola Osayomi - Unattached
1	W30 100 Meter Dash	12.24	2001	Emmanuelle McGowan - Unattached
1	W35 100 Meter Dash	13.71	1998	Karen Johnson - Unattached
1	W40 100 Meter Dash	14.04	1995	Lynne Latoria - Unattached
1	W45 100 Meter Dash	13.73	2010	Lori Schutt - Unattached
1	W50 100 Meter Dash	15.18	6/2/2019	April Marable - Unattached
1	W55 100 Meter Dash	15.60	2001	Lynne Ingalls - Unattached
1	W60 100 Meter Dash	16.17	6/2/2019	Leandra Funk - Mass Velocit
1	W75+ 100 Meter Dash	24.33	2010	Gertrude Antonijevic - Unattached
1	M19-29 100 Meter Dash	10.32	6/25/2016	Kyle Webb - Unattached
1	M30 100 Meter Dash	10.79	6/2/2019	Charles Brown III - Unattached
1	M35 100 Meter Dash	10.86	6/13/2010	Derrick Archie - Team Velocit
1	M40 100 Meter Dash	11.22	1998	Tim Graf - Unattached
1	M45 100 Meter Dash	12.19	1999	Mike Skoflanc - Unattached
1	M50 100 Meter Dash	12.32	6/15/2013	James Birgans - Nubian Strid
1	M55 100 Meter Dash	12.24	6/2/2019	John Campbell - Unattached
1	M60 100 Meter Dash	12.83	6/24/2017	Timothy Graf - 21-Unattache
1	M65 100 Meter Dash	13.14	1996	Harry Brown - Unattached
1	M70 100 Meter Dash	14.02	1998	Melvin Larsen - Unattached
1	M75+ 100 Meter Dash	16.62	2001	Richard Rucoba - Unattached
2	W19-29 200 Meter Dash	24.10	6/13/2010	Oludamola Osayomi - Unattached
2	W30 200 Meter Dash	28.56	1995	Carrie Schultz - Unattached
2	W35 200 Meter Dash	29.4h	1994	Lynn Latoria - Unattached
2	W40 200 Meter Dash	29.44	1995	Lynn Latoria - Unattached
2	W45 200 Meter Dash	26.72	6/15/2013	Emmanuelle McGowan - Univ Of Chic
2	W50 200 Meter Dash	31.52	1996	Mary Robinson - Unattached
2	W55 200 Meter Dash	32.37	2001	Lynne Ingalls - Unattached
2	W60 200 Meter Dash	24.91	2001	Jo'An Greenwood - Unattached
2	M19-29 200 Meter Dash	21.21	6/25/2016	Jamel McTear - Unattached
2	M30 200 Meter Dash	21.66	1996	Saeed Qawee - Unattached
2	M35 200 Meter Dash	22.80	1998	Nathaniel Williams - Unattached
2	M40 200 Meter Dash	22.91	2010	Eric Prince - Unattached
2	M45 200 Meter Dash	24.63	6/2/2019	Edward Rhyne - Unattached
2	M50 200 Meter Dash	25.24	1994	Roger Phillips - Unattached
2	M55 200 Meter Dash	26.2h	1991	Pierre Dobrovlny - Unattached
2	M60 200 Meter Dash	27.28	6/24/2017	Timothy Graf - 21-Unattache
2	M65 200 Meter Dash	26.2h	1991	Joe Bergthold - Unattached
2	M70 200 Meter Dash	29.16	2001	Harry Brown - Unattached
3	W30 400 Meter Dash	1:05.21	6/2/2019	Jessie DeThomasis - Mass Velocit
3	W40 400 Meter Dash	1:04.02	1999	Sheree Robertson - Unattached
3	W45 400 Meter Dash	1:05.92	2010	Lori Schutt - Unattached
3	W50 400 Meter Dash	1:04.59	1999	Lynne Ingalls - Unattached
3	W55 400 Meter Dash	1:23.90	6/24/2017	Carol Pratt - 21-Unattache
3	W60 400 Meter Dash	1:13.34	6/25/2016	Leandra Funk - Unattached
3	W65 400 Meter Dash	2:15.06	6/2/2019	Rosanne Ullman - Unattached
3	M19-29 400 Meter Dash	46.18	6/13/2010	Leford Green - Unattached
3	M30 400 Meter Dash	56.51	1998	Don Spencer - Unattached
3	M35 400 Meter Dash	51.35	2000	Ulric Graham - Unattached
3	M40 400 Meter Dash	51.00	2010	Eric Prince - Unattached
3	M45 400 Meter Dash	51.92	6/15/2013	Lee Bridges - Unattached
3	M50 400 Meter Dash	57.99	1999	Robert Lloyd - Unattached
3	M55 400 Meter Dash	56.91	1999	Jim Lee - Unattached
3	M60 400 Meter Dash	1:08.11	1996	James Ware - Unattached
3	M65 400 Meter Dash	1:03.36	1996	Harry Brown - Unattached
3	M70 400 Meter Dash	1:05.48	2000	Harry Brown - Unattached
3	M75 400 Meter Dash	1:22.11	2001	Richard Rucoba - Unattached

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4	W19-29 800 Meter Run	3:23.00	6/13/2010	Michelle Perno - Unattached
4	W30 800 Meter Run	2:23.2h	1991	Carla Hervert - Unattached
4	W35 800 Meter Run	2:24.79	1996	Carla Hervert - Unattached
4	W40 800 Meter Run	2:46.76	6/13/2010	Lane Wilton - Lane Wilton
4	W50 800 Meter Run	2:25.88	2000	Mary Hartzler - Unattached
4	W55 800 Meter Run	3:08.02	1999	Lynne Ingalls - Unattached
4	W65 800 Meter Run	5:10.96	6/2/2019	Rosanne Ullman - Unattached
4	M30 800 Meter Run	2:03.18	1998	Kurt Helledy - Unattached
4	M35 800 Meter Run	2:05.36	1996	Scott Van Jacob - Unattached
4	M40 800 Meter Run	2:04.04	2000	David Bradley - Unattached
4	M45 800 Meter Run	2:16.99	1999	Turran Harper - Unattached
4	M50 800 Meter Run	2:12.73	6/25/2016	Dan Bergeson - Unattached
4	M55 800 Meter Run	2:22.54	6/13/2010	Robert Scott - Unattached
4	M60 800 Meter Run	2:45.20	2000	Michael Brazier - Unattached
4	M65 800 Meter Run	2:48.27	1998	Harry Brown - Unattached
4	M70 800 Meter Run	3:11.8h	1994	Jack Hipple - Unattached
4	M75 800 Meter Run	3:39.21	1997	Henry Kuric - Unattached
5	W19-29 1500 Meter Run	5:02.23	6/24/2017	Chloe Schmidt - 21-Unattache
5	W30 1500 Meter Run	4:45.2h	1991	Carla Hervert - Unattached
5	W35 1500 Meter Run	4:50.36	1996	Carla Hervert - Unattached
5	W40 1500 Meter Run	5:26.49	1996	Patti Terhune - Unattached
5	W45 1500 Meter Run	6:03.6h	1991	Nancy Hardin - Unattached
5	W50 1500 Meter Run	5:43.51	1995	Christine Kacperzyk - Unattached
5	W55 1500 Meter Run	6:59.78	6/24/2017	Carol Pratt - 21-Unattache
5	M19-29 1500 Meter Run	5:13.32	6/24/2017	Elazar Roco - 21-Unattache
5	M30 1500 Meter Run	4:20.98	1998	Roger Bashore - Unattached
5	M35 1500 Meter Run	4:10.41	1996	Scott Van Jacob - Unattached
5	M40 1500 Meter Run	4:29.39	1996	Dan Winzenried - Unattached
5	M45 1500 Meter Run	4:32.12	1995	Alex Ware - Unattached
5	M50 1500 Meter Run	4:23.6h	1993	Vic Heckler - Unattached
5	M55 1500 Meter Run	5:07.93	6/13/2010	Robert Scott - Robert Scott
5	M60 1500 Meter Run	5:33.39	6/15/2013	Craig Donath - Unattached
5	M70 1500 Meter Run	7:11.06	6/2/2019	Robert Farrington - Unattached
5	M75 1500 Meter Run	8:03.51	1997	Henry Kuric - Unattached
6	W45 5000 Meter Run	21:45.63	6/24/2017	Barb Lauff - 21-Unattache
6	W50 5000 Meter Run	15:59.49	6/13/2010	Kathy Smith - Unattached
6	M30 5000 Meter Run	15:46.97	1996	Daniel Scheffler - Unattached
6	M35 5000 Meter Run	13:05.20	6/13/2010	David Taylor - Unattached
6	M40 5000 Meter Run	9:53.01	6/13/2010	Glen Thompson - Unattached
6	M45 5000 Meter Run	20:01.93	6/24/2017	Jason Hahn - 40-Unattache
6	M50 5000 Meter Run	17:37.33	6/2/2019	Robert Kirby II - Unattached
6	M55 5000 Meter Run	10:55.21	6/13/2010	Robert Scott - Robert Scott
6	M60 5000 Meter Run	12:47.04	6/13/2010	Gordan Holt - Unattached
6	M65 5000 Meter Run	21:51.43	6/2/2019	Keevan Morgan - Unattached
7	W60 5000 Meter Race Walk	19:18.78		
7	M30 5000 Meter Race Walk	13:07.3h	1992	Don DeNoon - Unattached
7	M35 5000 Meter Race Walk	16:48.44	6/25/2016	Will Leggett - Unattached
7	M40 5000 Meter Race Walk	14:43.43	6/15/2013	Pablo Gomez - Chicago Walk
7	M45 5000 Meter Race Walk	19:10.08	1997	Garland Moore - Unattached
7	M50 5000 Meter Race Walk	24:55.34	6/2/2019	David Swarts - Pegasus A.C.
7	M55 5000 Meter Race Walk	16:52.41	2010	Klaus Thiedmann - Unattached
7	M65 5000 Meter Race Walk	34:27.34	6/2/2019	Michael Dewitt - Unattached
7	M70 5000 Meter Race Walk	35:30.04	6/2/2019	Richard Mcguire - Unattached
7	M80 5000 Meter Race Walk	28:28.42	6/25/2016	Richard Hanson - Unattached
9	W45 80 Short Hurdles	16.67	6/24/2017	Nicole Lincoln - Illinois Rus
9	M75 80 Short Hurdles	19.34	2010	Paul Lehmkuhl - Unattached

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10	W30 100 Short Hurdles	13.71	1998	JoAnna Childress - Unattached
10	M50 100 Short Hurdles	14.59	6/25/2016	David Ashford - Unattached
10	M55 100 Short Hurdles	16.38	2010	Ernie Snodgrass - Unattached
10	M60 100 Short Hurdles	17.21	6/2/2019	Eugene Anton - So Cal Track
10	M65 100 Short Hurdles	19.59	2000	Clarence Trinkner - Unattached
11	M19-29 110 Short Hurdles	13.46	6/13/2010	Drew Brunson - Unattached
11	M35 110 Short Hurdles	14.08	2001	Dave Ashford - Unattached
11	M40 110 Short Hurdles	14.98	6/13/2010	Art Henson - Unattached
11	M45 110 Short Hurdles	16.01	2010	Dave Ashford - Unattached
11	M50 110 Short Hurdles	14.60	6/15/2013	David Ashford - Unattached
11	M55 110 Short Hurdles	18.66	1994	Bruce Mills - Unattached
12	M60 300 Long Hurdles	59.10	6/2/2019	Mark Jakubowski - Unattached
12	M65 300 Long Hurdles	1:16.00	6/2/2019	Ernie Snodgrass - Big River Ra
13	W30 400 Long Hurdles	59.82	6/13/2010	Kamilah Tyson - Unattached
13	M19-29 400 Long Hurdles	50.20	6/13/2010	Adrian Findlay - Gw Express
13	M30 400 Long Hurdles	54.96	2001	Yonel Jourdain - Unattached
13	M35 400 Long Hurdles	1:01.85	1998	Timothy Coombs - Unattached
13	M40 400 Long Hurdles	59.27	1993	Stan Druckrey - Unattached
13	M45 400 Long Hurdles	58.18	1999	Robert Zahn - Unattached
13	M50 400 Long Hurdles	58.27	1994	Kingsley Clarke - Unattached
13	M55 400 Long Hurdles	1:28.96	2000	Clarence Trinkner - Unattached
14	W19-29 Long Jump	6.32m	6/15/2013	Melissa Norville - Unattached
14	W30 Long Jump	4.50m	1995	Bogusalawa Langer - Unattached
14	W35 Long Jump	4.83m	6/2/2019	Amy Fix - Unattached
14	W40 Long Jump	4.08m	6/25/2016	Catresea Travis - Unattached
14	W45 Long Jump	4.06m	6/24/2017	Nicole Lincoln - Illinois Rus
14	W50 Long Jump	3.05m	6/2/2019	Elisabeta Iminovici - Unattached
14	M19-29 Long Jump	7.42m	6/25/2016	Charles Brown - Unattached
14	M30 Long Jump	6.85m	2000	Christopher Palacios - Unattached
14	M35 Long Jump	6.96m	2001	Antonio Palacios - Unattached
14	M40 Long Jump	5.93m	1997	Michael Skoflanc - Unattached
14	M45 Long Jump	5.82m	1999	Mike Skoflanc - Unattached
14	M50 Long Jump	5.41m	6/24/2017	George Wyatt - 21-Unattache
14	M55 Long Jump	5.29m	6/24/2017	Kent Powers - 22-Unattache
14	M60 Long Jump	5.00m	6/15/2013	Alfred Wright - Unattached
14	M65 Long Jump	4.11m	6/15/2013	Howard Booth & Kenneth Yahiro - 1993 - Unattached
14	M70 Long Jump	3.77m	6/24/2011	Albert Matheis - Unattached
14	M75 Long Jump	3.34m	2010	Paul Lehmkuhl - Unattached
14	M80 Long Jump	3.20m	2001	Ralph Maxwell - Unattached
15	W19-29 Triple Jump	12.60m	6/15/2013	Melissa Norville - Unattached
15	W35 Triple Jump	10.22m	6/2/2019	Amy Fix - Unattached
15	W40 Triple Jump	8.94m	6/25/2016	Catresea Travis - Unattached
15	W45 Triple Jump	7.83m	6/24/2017	Nicole Lincoln - Illinois Rus
15	M19-29 Triple Jump	16.54m	6/25/2016	Rax Parker - Unattached
15	M30 Triple Jump	15.45m	1997	Jan Cado - Unattached
15	M35 Triple Jump	13.40m	1996	Stephen Martin
15	M40 Triple Jump	12.48m	6/25/2016	Dion Simmons - Agape Stride
15	M45 Triple Jump	11.35m	1993	Johnnie Meiser - Unattached
15	M50 Triple Jump	10.61m	6/24/2017	George Wyatt - 21-Unattache
15	M55 Triple Jump	8.47m	1999	George Ephgrave - Unattached
15	M60 Triple Jump	11.15m	1997	Robert Bradley - Unattached
15	M65 Triple Jump	8.73m	2001	Psul Lehmkuhl - Unattached
15	M70 Triple Jump	6.88m	6/25/2016	dennis schrage - Unattached
15	M75 Triple Jump	7.63m	2010	Psul Lehmkuhl - Unattached
15	M80 Triple Jump	6.47m	2001	Ralph Maxwell - Unattached
16	W19-29 High Jump	1.79m	6/25/2016	Elizabeth Evans - Unattached

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16	W30 High Jump	1.68m	1991	Karen Corso
16	W55 High Jump	1.35m	2010	Kay Gklynn - Unattached
16	M19-29 High Jump	2.08m	6/13/2010	Joe Kindred - Unattached
16	M30 High Jump	1.93m	1996	Al Sheriff & Drew Boyce - Unattached
16	M35 High Jump	2.15m	6/25/2016	Andy Gilmore - Unattached
16	M40 High Jump	1.94m	1991	Pat Matzdora - Unattached
16	M45 High Jump	1.72m	1993	Johnnie Meisner - Unattached
16	M50 High Jump	1.60m	1993	George Davies - Unattached
16	M55 High Jump	1.55m	6/24/2017	Kent Powers - 22-Unattache
16	M60 High Jump	1.49m	6/25/2016	Randy Harris - Unattached
16	M65 High Jump	1.39m	6/25/2016	Richard Sobel - Unattached
16	M70 High Jump	1.23m	1997	Tom Coughlikn - Unattached
16	M75 High Jump	1.35m	2010	Tom Langenfeld - Unattached
16	M80 High Jump	1.19m	2001	Ralph Maxwell - Unattached
17	W19-29 Pole Vault	3.20m	6/13/2010	Ashley Wala - Cullowhee TC
17	W35 Pole Vault	2.29m	1996	A.J. Nealy - Unattached
17	W55 Pole Vault	2.97m	2010	Kay Glynn - Unattached
17	M19-29 Pole Vault	4.10m	6/13/2010	Matt Harlfinger - Cullowhee TC
17	M30 Pole Vault	4.42m	1993	Brett Anderson & Dave Gilbert - Unattached
17	M35 Pole Vault	4.41m	1999	Dave Gilbert - Unattached
17	M40 Pole Vault	4.27m	2001	Terry Christopher - Unattached
17	M45 Pole Vault	3.97m	6/24/2011	Dave Gilbert - Unattached
17	M50 Pole Vault	4.10m	6/13/2010	Bill Halverson - Unattached
17	M55 Pole Vault	3.70m	6/2/2019	Dave Gilbert - Unattached
17	M60 Pole Vault	3.36m	6/24/2017	Kenneth Drollinger - 21-Unattache
17	M65 Pole Vault	2.89m	1999	Tom Hinkes - Unattached
17	M70 Pole Vault	2.45m	6/2/2019	Lawrence Lagesse - Unattached
18	W19-29 Shot Put	10.96m	6/13/2010	Nicole Kelly - Unattached
18	W30 Shot Put	11.22m	1991	Karen Corso - Unattached
18	W35 Shot Put	8.27m	1996	Sue Hallen - unattached
18	W40 Shot Put	10.77m	1998	Ruth Welding - unattached
18	W45 Shot Put	10.40m	2001	Ruth Welding - Unattached
18	W50 Shot Put	10.36m	2000	Mary Hartzler - Unattached
18	W55 Shot Put	10.54m	6/2/2019	Karen Myers - Unattached
18	W60 Shot Put	9.60m	2010	Mary Hartzler - Unattached
18	W65 Shot Put	8.17m	6/24/2017	Myrle Mensey - Throwing and
18	W70 Shot Put	5.75m	6/25/2016	Mary Lou Platis - Unattached
18	W75 Shot Put	5.81m	1997	Gertrude Antonijevic - Unattached
18	M19-29 Shot Put	20.45m	6/25/2016	Chukwuebuka Enekweehi - Unattached
18	M30 Shot Put	13.23m	1991	Michael Schaefer - Unattached
18	M35 Shot Put	15.50m	1999	Walter Schields - Unattached
18	M40 Shot Put	14.26m	2015	Craig Kruse - Unattached
18	M45 Shot Put	15.00m	1999	Ron Summers - Unattached
18	M50 Shot Put	14.33m	1999	Loarn Robertson - Unattached
18	M55 Shot Put	12.91m	2001	Loarn Robertson - Unattached
18	M60 Shot Put	13.03m	6/13/2010	Dan Linker - Unattached
18	M65 Shot Put	12.09m	1994	Phil Brusca - Unattached
18	M70 Shot Put	11.33m	6/2/2019	Lawrence Lagesse - Unattached
18	M75 Shot Put	8.92m	2010	C.L. Bruce - Unattached
18	M80 Shot Put	8.60m	6/2/2019	Albert Matheis - Unattached
19	W19-29 Discus Throw	51.95m	6/25/2016	Alison Szykoway - Unattached
19	W30 Discus Throw	42.14m	1999	Mamette Cheshareck - Unattached
19	W35 Discus Throw	22.04m	1996	Sue Hallen - Unattached
19	W40 Discus Throw	38.40m	1998	Ruth Welding - Unattached
19	W45 Discus Throw	35.94m	2001	Ruth Welding - Unattached
19	W50 Discus Throw	29.76m	2000	Mary Hartzler - Unattached

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19	W55 Discus Throw	26.46m	2014	Ruth Welding - Unattached
19	W60 Discus Throw	26.15m	2010	Mary Hartzler - Unattached
19	W65 Discus Throw	25.31m	6/24/2017	Myrle Mensey - Throwing and
19	W70 Discus Throw	15.38m	6/25/2016	Mary Lou Platis - Unattached
19	M19-29 Discus Throw	56.78m	6/25/2016	Jacob Armbrust - Unattached
19	M30 Discus Throw	42.64m	1999	Joe Skrycki - Unattached
19	M35 Discus Throw	42.44m	2001	Robert O'Higgins - Unattached
19	M40 Discus Throw	34.71m	2015	Gordon Shetley - Unattached
19	M45 Discus Throw	42.28m	2001	Jack Romansic - Unattached
19	M50 Discus Throw	44.45m	1995	Lee Englund - Unattached
19	M55 Discus Throw	43.03m	6/13/2010	Harry Janetzko - Unattached
19	M60 Discus Throw	44.27m	6/15/2013	Guy Dirkin - Unattached
19	M65 Discus Throw	41.75m	1995	Don Mather - Unattached
19	M70 Discus Throw	35.14m	6/2/2019	Lawrence Lagesse - Unattached
19	M75 Discus Throw	28.18m	6/24/2017	John Bourn - 21-Unattache
19	M80 Discus Throw	20.71m	6/24/2017	Donald Amery - 21-Unattache
20	W19-29 Javelin Throw	38.95m	6/13/2010	Nicole Kelly - Unattached
20	W30 Javelin Throw	33.42m	1991	Karen Corso - Unattached
20	W35 Javelin Throw	20.82m	1996	Sue Hallen - Unattached
20	W40 Javelin Throw	23.92m	1998	Ruth Welding - Unattached
20	W45 Javelin Throw	27.73m	1991	Karen Huff - Unattached
20	W50 Javelin Throw	24.68m	1994	Karen Huff - Unattached
20	W55 Javelin Throw	24.15m	2010	Linda Rowe - Unattached
20	W60 Javelin Throw	23.61m	6/25/2016	Linda Rowe - Unattached
20	W65 Javelin Throw	33.35m	6/24/2017	Myrle Mensey - Throwing and
20	M19-29 Javelin Throw	59.37m	6/25/2016	Daniel Poh - Unattached
20	M30 Javelin Throw	50.24m	2000	Juan Razuk - Unattached
20	M35 Javelin Throw	58.20m	1996	John Sayre - Unattached
20	M40 Javelin Throw	47.54m	2001	Eric Schad - Unattached
20	M45 Javelin Throw	53.63m	6/25/2016	Matt Stack - Unattached
20	M50 Javelin Throw	34.46m	2010	Paul Fina - Unattached
20	M55 Javelin Throw	43.65m	6/15/2013	Greg Davis - Unattached
20	M60 Javelin Throw	32.04m	1996	Peter Stopoulos - Unattached
20	M65 Javelin Throw	41.75m	1995	Don Mather - Unattached
20	M70 Javelin Throw	37.01m	6/2/2019	Lawrence Lagesse - Unattached
20	M75 Javelin Throw	23.68m	2010	C L Bruce - Unattached
20	M80 Javelin Throw	18.33m	6/2/2019	Albert Matheis - Unattached
21	W19-29 Hammer Throw	42.76m	6/24/2011	Laura Schroeder - Unattached
21	W30 Hammer Throw	27.43m	2015	Stefanie Patz - Unattached
21	W35 Hammer Throw	20.82m	1996	Sue Hallen - Unattached
21	W40 Hammer Throw	36.20m	1998	Ruth Welding - Unattached
21	W45 Hammer Throw	31.88m	2001	Ruth Welding - Unattached
21	W50 Hammer Throw	17.67m	2010	Deb Ecklund - Unattached
21	W55 Hammer Throw	38.93m	2014	Ruth Welding - Unattached
21	W60 Hammer Throw	36.55m	6/25/2016	Ruth Welding - Unattached
21	W65 Hammer Throw	40.21m	6/24/2017	Myrle Mensey - Throwing and
21	M19-29 Hammer Throw	59.37m	6/25/2016	Alex Kazenko - Unattached
21	M30 Hammer Throw	46.30m	1991	Robert Hartman - Unattached
21	M35 Hammer Throw	58.80m	1996	Marc :linscheid - Unattached
21	M40 Hammer Throw	50.08m	1991	Larry Waithe - Unattached
21	M45 Hammer Throw	49.52m	2015	Andy Harris - Unattached
21	M50 Hammer Throw	49.95m	6/2/2019	Andrew Harris - Unattached
21	M55 Hammer Throw	50.96m	1999	Gene Primm - Unattached
21	M60 Hammer Throw	42.57m	6/2/2019	Frank Broadus - Unattached
21	M65 Hammer Throw	36.73m	6/25/2016	Tim Cederblad - Unattached
21	M70 Hammer Throw	34.59m	6/25/2016	John Bourn - Unattached

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21	M75+ Hammer Throw	31.07m	6/24/2017	John Bourn - 21-Unattache
22	W19-29 Weight Throw	51.95m		
22	W35 Weight Throw	4.52m	1996	Robin Baumgardner - Unattached
22	W40 Weight Throw	10.97m	1998	Ruth Welding - Unattached
22	W45 Weight Throw	9.45m	2001	Ruth Welding - Unattached
22	W50 Weight Throw	8.76m	1994	Carol Young - Unattached
22	W55 Weight Throw	12.11m	2014	Ruth Welding - Unattached
22	W60 Weight Throw	13.24m	6/25/2016	Ruth Welding - Unattached
22	W65 Weight Throw	16.16m	6/24/2017	Myrle Mensey - Throwing and
22	M30 Weight Throw	16.56m	1999	Joe Skrycki - Unattached
22	M35 Weight Throw	11.92m	2000	Greg Thoeloges - Unattached
22	M40 Weight Throw	10.78m	2001	Eric Schad - Unattached
22	M45 Weight Throw	14.78m	2015	Andy Harris - Unattached
22	M50 Weight Throw	17.23m	6/2/2019	Andrew Harris - Unattached
22	M55 Weight Throw	13.91m	6/24/2011	Michael Matteson - Unattached
22	M60 Weight Throw	13.94m	6/2/2019	Frank Broadus - Unattached
22	M65 Weight Throw	13.83m	6/25/2016	Tim Cederblad - Unattached
22	M70 Weight Throw	12.52m	6/25/2016	John Bourn - Unattached
22	M75+ Weight Throw	12.98m	6/24/2017	John Bourn - 21-Unattache
23	W50 Super Weight	5.21m	2001	Linda Romansic - Unattached
23	W60 Super Weight	4.74m	6/24/2011	Diane Matteson - Unattached
23	M30 Super Weight	7.96m	2001	Steve Klas - Unattached
23	M45 Super Weight	5.55m	2010	Michael Wewetzer - Unattached
23	M50 Super Weight	6.20m	2001	Jack Romansic - Unattached
23	M55 Super Weight	6.31m	2010	Michael Matteson - Unattached
23	M60 Super Weight	4.61m	2010	Greg Zachwieja - Unattached
28	M35 3000 Meter Steeplechase	12:35.80	6/2/2019	Matthew De Witt - Unattached