

USA TRACK & FIELD NATIONAL OFFICIALS COMMITTEE
2017-2020 Apprentice Level Race Walk
Certification Rules Review (v 1.0)



Purpose

The purpose of this open-book rules review is for officials to become familiar with the USATF rule book, and to gain & demonstrate knowledge about selected rules governing race walk events.

Instructions

Use the current USATF Competition Rules (<http://www.usatf.org/About/Competition-Rules.aspx>); to determine whether the statements as written below are true or false. Although some statements provide a contextual reference (e.g., “[At the fall Cross Country Championships]”) or do not have a complete sentence (as indicated by “...”), the statements are quotes drawn from the USATF rule book. Questions are in sequential order as they appear in the rule book. Enter your answers on the attached answer sheet and send it to your association certification chair. If you are taking the test online, see the directions for recording your answers electronically.

Scoring

30 true/false questions, each worth 2 points; minimum passing score is 80% (24 correct)

Questions

1. In Long Distance Running and Race Walking, US citizens who are not eligible to represent the USA in International competition are allowed to participate in any USA National Championship that is not the sole selection event for an international team. (Rule 1.1(b))
2. Athletes who are not members of a particular Association may not compete as invited guests on a non-scoring basis at the discretion of the meet director or the appropriate Association sports committee. (Rule 3.3)
3. It is recommended that there be 3 to 5 Race Walking Judges, plus a sufficient number of Race Walking Officials. (Rule 110.7)
4. In walking events, the assigned Umpires shall perform their duties as in any other event, but shall not be responsible for technique rules, which are the responsibility of the Judges of Race Walking. **TRUE** (Rule 127.6)
5. No Lap Scorer should be responsible for more than three competitors (six in the case of ultra marathons and road walking events). (Rule 131.1)
6. The competitors may wear clothing that could impede the view of the judges. (Rule 143.1)
7. If one bib is provided, it must be worn visibly on the back. (Rule 143.4(b))
8. Pacing in running or walking events by persons not participating in the event, by competitors lapped or about to be lapped, or by any kind of technical device other than those permitted under Rule 144.3(i); is an example of assistance. (Rule 144.3(a))
9. Personally carrying or wearing articles of equipment such as wrist chronometers, heart rate monitors, speed distance monitors, stride sensors or similar devices during a race provided that such a device cannot be used to communicate with any other person; are considered as assistance. (Rule 144.3(k))
10. In any track event of 20,000 meters or more or in any road race, a competitor may leave the marked course with the permission or under the control of a judge or other authorized official, provided that by going off course or returning to the course the athlete does not lessen the distance to be covered. (Rule 163.6(c))
11. To be considered a finisher, it's not necessary for the competitor to complete the race. (Rule 163.7)
12. The times for races conducted partly or entirely outside the stadium (off the track) shall be read in 0.01 of a second and shall be converted to the next longer whole second, i.e., for the Marathon, 2:09:44.32 shall be recorded as 2:09:45. (Rule 165.11(c))

13. The Judges of Race Walking shall have the sole authority to determine the fairness or unfairness of walking, and their rulings thereon shall be final and without appeal. Judging decisions are made as seen by the human eye. (Rule 230.1(a))
14. The Chief Judge shall assign the Judges to their respective judging areas and explain the judging procedure to be used during the race. (Rule 230.1(c))
15. All Judges shall act in an individual capacity. (Rule 230.1 (f))
16. All judges tally sheets shall be turned into the Chief Judge at the end of the race. (Rule 230.1(i))
17. An athlete may be given a second yellow paddle by the same judge for the same offense. (Rule 230.2(a))
18. When a Judge observes a competitor who fails to comply with Rule 232.2, the Judge shall issue a red card. (Rule 230.3(a))
19. Any disqualified athlete who fails to leave the course or track or comply with directions given under Rule 230.3(j) to enter and remain for the required period in the Pit Lane may be liable to further disciplinary action in accordance with Rule 145.2. (Rule 230.3(c))
20. The failure to give prompt notification shall not result in the reinstatement of a disqualified competitor. (Rule 230.3(d))
21. The Chief Judge and, when applicable, the Chief Judge's Assistant, shall use a yellow paddle for signaling disqualification. (Rule 230.3(e))
22. A Pit Lane may be used as determined by the Sport Committee. In such cases an athlete will be required to enter the Pit Lane and remain there for the applicable period as set out in the entry material once they have received three Red Cards and are so advised by the Chief Judge or someone delegated by him. If, at any time, the athlete receives an additional Red Card from a judge other than one of the three who had previously sent a Red Card, he shall be disqualified. An athlete who fails to enter the Pit Lane when required to do so shall be disqualified by the Referee. (Rule 230.3(j))
23. Race Walking is a progression of steps so taken that the walker makes contact with the ground so that no visible (to the human eye) loss of contact occurs. (Rule 232.2)
24. The advancing leg need not be straightened from the moment of first contact with the ground until the leg is in the vertical upright position. (Rule 232.2)
25. In walks where multiple distances are contested simultaneously, each competitor must declare on the entry form which distance is being entered. Times for other distances (but not placings) are valid only if the competitor finishes the distance entered. (Rule 232.3(b))
26. A race must have a minimum of three Judges as prescribed in Rule 230.1(e). For record requirements, see Rule 266. (Rule 232.3(c))
27. Water and/or refreshment stations shall be provided at the end of the race. (Rule 232.4(a))
28. In Road Championships, the circuit for events of 10km and longer shall be a maximum of 2000m. The circuit for events of less than 10km shall be a maximum of 1250m. No circuit should be shorter than 1000m. (Rule 232.5(a))
29. All walking events that qualify or advance a competitor to subsequent events must be competitive, race walk only, events that comply fully with race walk Competition Rules. (Rule 232.6)
30. For records, track races require five Judges and road races require a minimum of six judges, as prescribed in Rule 230.1(e). (Rule 266.3)

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Answer Sheet (v 1.0)
(Please Print)

Name:		Phone:	
Address, City, State, Zip Code:			
Email Address:		Certification # (if recertifying)	
2 points for each correct answer; max score = 60. 40 correct answers - 80 points (80%) needed to pass.			
Circle the Correct Answer		Circle the Correct Answer	
1. True / False		16. True / False	
2. True / False		17. True / False	
3. True / False		18. True / False	
4. True / False		19. True / False	
5. True / False		20. True / False	
6. True / False		21. True / False	
7. True / False		22. True / False	
8. True / False		23. True / False	
9. True / False		24. True / False	
10. True / False		25. True / False	
11. True / False		26. True / False	
12. True / False		27. True / False	
13. True / False		28. True / False	
14. True / False		29. True / False	
15. True / False		30. True / False	
Association Certification Chair Use Only		# Correct	Score %
Official Notified of Score – Date _____		Notes:	