



USA Track & Field



USATF Illinois Saturday Special T&F Invite

Saturday, January 5, 2013

8:00 a.m.

Proviso West High School

Hillside, Illinois

“One of the Finest Indoor Track and Field Arenas in America”

Fees:

Entry fee is \$6.00 for each individual event an athlete enters and \$24.00 per relay team. Entry fees will not be transferred or refunded. They can be paid online or day of meet. Make all checks payable to USATF Illinois.

Eligibility:

This is an open meet. Youth, Open and Masters can participate. USATF membership is not required.

Sub-Bantam, Bantam & Midget age groups can compete in a maximum of three (3) events including relays. Youth, Intermediate, Young Men & Women, Open and Masters can compete in a maximum of four (4) events including relays.

Age Divisions:

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division:

Age Divisions	55	20	40	80	160	55H	LJ	TJ	SP	HJ	PV	4X	4X
Sub-Bantam (2005 - later)	X	X	X	X	X		X		X			X	X
Bantam (2003 - 2004)	X	X	X	X	X		X		X	X		X	X
Midget (2001 - 2002)	X	X	X	X	X	X	X		X	X		X	X
Youth (1999 - 2000)	X	X	X	X	X	X	X	X	X	X	X	X	X
Intermediate (1997 - 1998)	X	X	X	X	X	X	X	X	X	X	X	X	X
Young (1995 - 1996)	X	X	X	X	X	X	X	X	X	X	X	X	X
Open (19-29)	X	X	X	X	X	X	X	X	X	X		X	X
Masters (30 -∞)	X	X	X	X	X	X	X	X	X	X		X	X

Entries via On-Line

All teams and unattached athletes must register via the online entry process via www.coacho.com. The on-line entry system is available from Monday, December 17, 2012 through Wednesday, January 2, 2013, at 9:00 p.m. USATF membership numbers are not required at time of registration. You will have the option of paying your entry fee on-line or paying at the meet. **Day of meet entries will not be accepted!!!!!!!!!!!!**

Entries via Hy-Tek Team Manager

Those submitting entries via Hy-Tek Team Manager may submit entries up to the online entry deadline via e-mail to the following address: usatfil@sbcglobal.net. The same e-mail address is used to request the Hy-Tek events file. USATF memberships are not required.

Check-In Requirements:

A packet will be provided for each team consisting of team roster and events entered. A team representative is responsible for picking up the packet. Packet can be picked up at the track facility on meet day beginning at 7:00 a.m.

Awards:

Individual events and relay awards will be presented to participants for 1st and 2nd place finishers.

Officials:

Anyone desiring to officiate at this meet is encouraged to contact Jamero Rainey (jamrainey21@gmail.com). Your assistance is greatly appreciated.

Facility:

The Proviso West field house has an awesome track. The facility boasts an 9-lane straightaway as well as six lanes around the oval. Only ¼" or smaller pyramid spikes are allowed. Christmas tree spikes are not allowed. Spikes will be inspected on the track.

Fully Automatic Timing will be provided using Finishlynx Ethernet Cameras interfaced with Hy-Tek Meet Manager.

No radios, glass containers, or alcoholic beverages are allowed in the facility.

Equipment:

Starting blocks and batons will be provided.

Admission:

Admission fee is \$3.00 for ages 6 and up.

Contact:

Marc Jones,
jonesjdaddy5@gmail.com

or

Lorette Cherry
630 512-0727 days

Event Schedule

Running Events	Field Events
8:00 a.m. 4X200m Relay Final 1600m Run Final 55m Hurdles Final 400m Dash Final 800m Run Final 200m Dash Final 55m Dash Final 4X400m Relay Final	8:00 a.m. Long Jump Triple Jump High Jump Shot Put Pole Vault

Events will run youngest to oldest, female then male except hurdles which will run males first oldest to youngest.